

Bra Project Planner: Test Fitting

Pattern: _____

View: _____

Made for: _____

Date: _____

Measurements:

Ribcage _____ Left BCD _____ Right BCD _____

Full Bust _____ Left CrossCup _____ Right CrossCup _____

Size Chosen:

Cups: _____ Band Size: _____

Prep for Success:

1. Read the pattern 2-3 times making notes
2. Determine cups and band size
3. Test & record machine settings
4. Test marking pen/pencil
5. Record seam allowances, stitch width & stitch lengths

Construction Notes:

Gigi Says:
"When you change the knit, you change the fit"™
 Keep your fabrics & elastics the same through the fitting process!

Machine Settings

	Suggested	My Machine
Seam Allowance		
Straight Stitch	2.5mm	
Top Stitch	3.0mm	
Zig-Zag for	Width: 2.5mm	Width:
Elastics	Length: 2.0mm	Length:
Fold Over Elastic	Width: 3.0mm	Width:
Zig-Zag	Length: 2.0mm	Length:
Foam-Cup Zig-Zag	Width: 4.0mm	Width:
	Length: 1.5mm	Length:

Supplies:

- ☐ Pattern
- ☐ Sewing machine w/ ¼" & Zig-Zag
- ☐ Stretch needle: 75/11 or Microtex
- ☐ Bra Fabrics
 - ☐ Duoplex for Frame & Cups
 - ☐ Cut & Sew Foam for Cups, if using
 - ☐ Powernet for Back Bands
 - ☐ Bottom Band Elastic
 - ☐ Top Band Elastic
 - ☐ Neckline Elastic
 - ☐ Stabilizer Tape
 - ☐ Lace, if using
 - ☐ Sheer Cup Lining, if using
 - ☐ Hooks & Eyes
 - ☐ Strap Elastic
 - ☐ Rings & Sliders
 - ☐ Fold-Over Elastic, if using
 - ☐ Matching Professional Thread
- ☐ Marking Pencil or Pen (TEST!!!)
- ☐ Iron
- ☐ Good Quality Sewing Scissors

Optional Supplies:

- ☐ Applique (Duck Bill) Scissors
- ☐ Rotary Cutter: 28 mm
- ☐ Fabric Weights
- ☐ Red-Head Clover Silk Pins
- ☐ Tracing Paper / Medical Exam Paper

Other Notes:

Bra Project Planner: Test Fit #1

Recommended Fabrics: Sheer Cup Lining or Duoplex for the Cup Pieces & the Front Frame;
Powernet for the Back Band Pieces

Cup & Frame Sizes:

Left Cup Size: _____

Right Cup Size: _____

Frame Size: _____

Left Frame Size: _____

Right Frame Size: _____

Notes about any changes to the Center Front:

Underwire Sizes (if using):

Left Underwire: _____

Right Underwire: _____

Band Size: _____

Strap Length _____

What's Working?

What's Not Working?

What Do You Want To Do Next Time?

Change

Don't Change

Space for Drawing
Attach Pattern Pieces

Bra Project Planner: Test Fit #2

Recommended Fabrics: Sheer Cup Lining or Duoplex for the Cup Pieces & the Front Frame;
Powernet for the Back Band Pieces

Cup & Frame Sizes:

Left Cup Size: _____

Right Cup Size: _____

Frame Size: _____

Left Frame Size: _____

Right Frame Size: _____

What Do You Want To Do Next Time?

Change

Don't Change

Notes about any changes to the Center Front:

Underwire Sizes (if using):

Left Underwire: _____

Right Underwire: _____

Band Size: _____

Strap Length _____

Space for Drawing
Attach Pattern Pieces

What's Working?

What's Not Working?

Bra Project Planner: Test Fit #3 / #4

Recommended Fabrics: Sheer Cup Lining or Duoplex for the Cup Pieces & the Front Frame;
Powernet for the Back Band Pieces

Cup & Frame Sizes:

Left Cup Size: _____

Right Cup Size: _____

Frame Size: _____

Left Frame Size: _____

Right Frame Size: _____

**Space for Drawing
Attach Pattern Pieces**

Notes about any changes to the Center Front:

Underwire Sizes (if using):

Left Underwire: _____

Right Underwire: _____

Band Size: _____

Strap Length _____

What's Working? / What's Not Working?

What Do You Want To Do Next Time?

Change

Don't Change

Fit #4 - Final Notes

Gigi Says:
"If you are not close on the fit after bra #3,
reach out for help or switch patterns. IT IS OK!
Not every pattern fits everybody"